

Support Workforce Online Learning Week

Monday 2 - Friday 6 October 2023











Programme and Session Descriptors

Five Pillars of the Workforce Journey




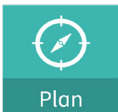


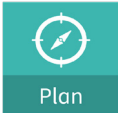



National Workforce Strategy for Health and Social Care in Scotland - 2022





Monday 2 October 2023

Time	Session Title	Descriptor	Workforce Strategy Pillar
9.15 - 10.00	Welcome <i>Professor Jason Leitch CBE FRCS, National Clinical Director, Scottish Government</i>	Hello, Good Morning, Welcome! Keeping a clear, calm head under pressure. We all have a role to play!	
10.30 – 11.30	5 Impactful Ways to Share Your Work <i>Vikki Hadden, Technology Enhanced Learning Educator, NHS Education for Scotland</i>	Popular ways to use technology to showcase your work and share with others.	 
12.00 – 12.30	Colleague Conversations: Your Thoughts On... Our Experience Sharing Space Topic: Why Doing My Job Makes Me Proud <i>Marcia Cook, Technology Enhanced Learning Team, NHS Education for Scotland</i>	Join the discussion space to connect and share experiences and ideas with colleagues. Come together with others in small breakout groups for informal discussion on a selection of topics. See where the conversation goes and enjoy the opportunity to connect over a chat. These sessions are intended for colleagues to have peer conversations. If you are attending the Learning Week as a line manager, you are welcome to attend all other sessions on offer.	
13.00 – 14.00	SESSION CANCELLED Finding Your More Confident Self in 2023! <i>Jo Haddrick, Specialist Lead (Workforce), NHS Education for Scotland</i>	This session is based on the successful Google initiative #IAmRemarkable workshops, that bring together individuals who feel they don't always have a voice in their workplace. We want to come together and empower each other to speak up about our strengths in 2023.	 
14.30 – 15.30	Developing a Person-Centred Culture <i>Natalie Beattie, Senior Professional & Practice Development Nurse & Andrew Quigley, Professional & Practice Development Nurse, NHS Tayside</i>	Everyone has a role in developing workplace culture and workplace culture has an impact on everyone. This session will explore what we mean when we talk about workplace culture. We will create an opportunity to explore this and consider how we can change this for the better through small changes.	  








Tuesday 3 October 2023

Time	Session Title	Descriptor	Workforce Strategy Pillar
9.30 – 10.00	<p>Health and Wellbeing Morning Wake Up Session</p> <p><i>Bryan Ewington, Fitness Trainer for Westport Fitness, NHS Education for Scotland</i></p>	<p>A full body wake up session focusing on the legs, core, upper body and lower back. The session will have a gentle warm up to start and finish with a 5 minute lower back session that will help those who sit or stand for long periods of the day. Please bring a drink of water as we will also focus on hydration.</p>	 Nurture
10.30 – 11.30	<p>Leading to Change – Leadership Development For All</p> <p><i>Jenny McCusker, Principal Lead, (Leading to Change) & Michaela Pagani, Specialist Lead (Leading to Change), NHS Education for Scotland</i></p>	<p>Do you like to learn and are curious about other people and what they do? Do you care about your team and notice when someone is having a good or bad day and treat people with respect and kindness regardless of their role or title? Are you good at coming up with ideas that can make work better? If you do this, you already have and use positive leadership behaviours. Come along to our session and find out what Leading to Change can offer you in terms of your own leadership development and how you can use this to help yourself and others.</p>	 Attract  Employ
12.00 – 13.00	<p>Supporting Armed Forces Employment Within Health and Care – A Workforce Multiplier!</p> <p><i>Laura McKie & Ed Challis, Specialist Leads, Armed Forces Talent Programme, NHS Education for Scotland</i></p>	<p>The Supporting Armed Forces Employment (SAFE) programme team will set out why our Armed Forces community can help the support workforce beyond just filling gaps. This will be a session aimed at giving you the tools to recruit from a highly skilled, tested, and assured audience who can enhance your peoples day-to-day experience at work in NHS Scotland. See beyond the uniform!</p>	 Plan  Attract  Employ
14.30 - 15.30	<p>4 Pillars of Practice – What Are They and How Can They Support Your Learning and Development?</p> <p><i>Linda Tripney, Principal Educator, NHS Education for Scotland, Gemma Walker, HCSW Associate Practice Educator, NHS Tayside & Beverly Wilson, Specialist Lead (Support Workforce Education & Development), NHS Grampian</i></p>	<p>This session will demystify the 4 pillars of practice and illustrate how to use the pillars to identify opportunities and how each pillar can be used in your role to support your learning and development.</p>	 Plan  Train



Wednesday 4 October 2023

Time	Session Title	Descriptor	Workforce Strategy Pillar
9.00 – 10.00	<p>Your Career, Seeking Strengths, and Opportunities</p> <p><i>Rob Moore, Director, The Career Coach</i></p>	<p>The aim of the session is to support learning, confidence in and the activity needed to plan a career. We will cover key questions including:</p> <ul style="list-style-type: none"> • Why plan for your career? • What does a career mean to you? • What is a good job? • Why do we get imposter syndrome? • What are your aspirations? • Where and what's next for you? • Who can help? 	
11.00 - 12.00	<p>How to Have Better Conversations - Tame Your Advice Monster and Be Curious Instead</p> <p><i>Heather Moonlight-Dowding & Nick Frew, Business Partners (Organisation Development, Leadership & Learning), NHS Education for Scotland</i></p>	<p>Ever had one of those conversations, say with a colleague or your line manager, or even with family and friends, which could have gone better? Where what you'd intended to say didn't quite work out as planned? Or where you heard something that surprised you, and you felt your buttons being pushed? If so, we have some suggestions of how you might do things differently next time.</p>	
13.00 - 14.00	<p>Delegation – What Does It Mean to You?</p> <p><i>Janet McLean, Team Lead (Clinical Education & Training), NHS Lothian</i></p>	<p>The session will cover the principles of delegation, the role of the delegator and delegatee and how we undertake this practice safely and effectively.</p>	
14.30 - 15.30	<p>Conversations Around Bereavement</p> <p><i>Lynne Innes, Senior Educator (Bereavement), NHS Education for Scotland</i></p>	<p>In this session we'll explore situations in which the support workforce might come into contact with people who are bereaved, offer tips and advice on communicating with those who may be distressed and consider how we can look after ourselves when we encounter death and dying at work.</p>	

Thursday 5 October 2023

Time	Session Title	Descriptor	Workforce Strategy Pillar
9.30 – 10.00	<p>Health and Wellbeing Morning Wake Up Session</p> <p><i>Bryan Ewington, Fitness Trainer for Westport Fitness, NHS Education for Scotland</i></p>	<p>A relaxing start to your day with gentle stretches whilst sitting and lying on the floor. Greater focus on the legs, hips, core and lower back that will help improve mobility and posture. No warm up required for this session but a mat or comfy surface/carpet will be great. Please bring a drink of water as we will also focus on hydration.</p> <p>Flexing and stretching movement session for your health and wellbeing.</p>	 <p>Nurture</p>
10.30 - 11.30	<p>Do you know how great you are? A workshop on the SCQF interactive framework and Recognition of Prior Learning</p> <p><i>Nicola Smith, Development Officer, Scottish Credit and Qualifications Framework</i></p>	<p>Are you working at a higher level than your qualifications suggest? Come along and find out where your skills and experience sit on the Scottish Credit and Qualifications Framework (SCQF), Scotland's national lifelong learning framework, and find out how this can help you get to where you want to go in your career.</p>	 <p>Plan</p>  <p>Employ</p>
12.00 - 13.00	<p>How to Develop and Maintain a Resilient Mindset</p> <p><i>Michele Lorimer, Principal Lead, (Organisation Development, Leadership & Learning), NHS Education for Scotland</i></p>	<p>This session will explore the concept of resilience, why it's important to wellbeing and success and how you can learn to adapt and thrive during difficult times.</p>	 <p>Train</p>  <p>Nurture</p>
14.30 - 15.30	<p>Pastoral Care – Knowing, Connecting and Conversing</p> <p><i>Lynne Innes, Senior Educator (Bereavement), NHS Education for Scotland</i></p>	<p>Find out how we can take care of ourselves and others in our roles.</p> <p>Thinking about life transitions, self compassion, and starting to explore pastoral care and support to enable us to consider the importance of our own wellbeing at work.</p>	 <p>Attract</p>  <p>Nurture</p>

Friday 6 October 2023

Time	Session Title	Descriptor	Workforce Strategy Pillar
9.30 – 10.00	<p>Colleague Conversations: Your Thoughts On... Our Experience Sharing Space</p> <p>Topic: Tell Me About a Time Learning and Development Made a Huge Difference to Your Role?</p> <p><i>Marcia Cook, Technology Enhanced Learning Team, NHS Education for Scotland</i></p>	<p>Join the discussion space to connect and share experiences and ideas with colleagues. Come together with others in small breakout groups for informal discussion on a selection of topics. See where the conversation goes and enjoy the opportunity to connect over a chat.</p> <p>These sessions are intended for colleagues to have peer conversations. If you are attending the Learning Week as a line manager, you are welcome to attend all other sessions on offer.</p>	 <p>Nurture</p>
10.30 - 11.15	<p>Quality Documentation and Record Keeping</p> <p><i>Gemma Walker & Karen Thorburn, HCSW Associate Practice Educators, NHS Tayside</i></p>	<p>The session will provide an overview of the principles of record keeping including storage, handling, and sharing of patient records and will include short stories from a range of support workforce colleagues on their role in quality management of documentation and record keeping.</p>	 <p>Train</p>
11.45 - 12.30	<p>Closing Conversation, Reflection, and Feedback</p> <p><i>Jane Harris, Programme Director (Nursing, Midwifery & Allied Health Professions) & Linda Tripney, Principal Educator, NHS Education for Scotland (NES)</i></p>	<p>Join this closing session to hear reflections from the learning week, discuss some of the highlights and talk about your learning. Take the opportunity to ask the panel some questions and find out what we are doing next to support your learning and development.</p> <p>Panel Members: Laura Christie, Senior Specialist Lead, NHS Education for Scotland Jane Harris, Programme Director, NHS Education for Scotland Karen Thorburn, HCSW Associate Practice Educator, NHS Tayside Linda Tripney, Principal Educator, NHS Education for Scotland Gemma Walker, HCSW Associate Practice Educator, NHS Tayside</p>	



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Should you have any queries please contact the NES Conference Team: events@nes.scot.nhs.uk