

Thursday 18 May 2023

09.00 - 09.30	Registration with Tea and Coffee	Level 3
		Halle Lecture Theatre
09.30 - 10.45	Welcome and GP Unit Update <i>Professor Amjad Khan, Director of Postgraduate General Practice Education, NHS Education for Scotland</i>	
	<i>Dr Chris Mair and Dr Robbie Bolton, Assistant Director of Postgraduate GP Education, NHS Education for Scotland</i>	
10.45 - 11.15	Tea and Coffee	1875 on Level 0
11.15 - 12.15	GP Training in Areas of Deprivation <i>Dr Austin O'Carroll, GP Dublin, Founder of Safetynet and NDCGP / Co-founder of GMQ and Curam Healthcare and PHE</i>	
12.15 - 13.15	Lunch	1875 on Level 0
13.15 - 14.30	Workshops (see below for details)	Various Rooms
14.30 - 15.00	Tea and Coffee	1875 on Level 0
15.00 - 16.15	Workshops (see below for details)	Various Rooms

Friday 19 May 2023

09.00 - 09.30	Tea and Coffee	Level 3
09.30 - 10.30	Trainers' Workshop Meetings	Various Rooms
		Halle Lecture Theatre
10.30 - 10.45	Update <i>Dr Chris Mair, Assistant Director of Postgraduate GP Education, NHS Education for Scotland</i>	
10.45 - 11.15	Tea and Coffee	Level 3
11.15 - 12.15	Aberfeldy Scotland's Healthiest Town <i>Dr David Ashcroft, GP, Aberfeldy and Kinloch Rannoch Medical Practice</i>	
12.15 - 13.15	Lunch	1875 on Level 0
13.15 - 14.30	Workshops (see below for details)	Various Rooms
14.30 - 14.45	Tea and Coffee	Level 3
14.45 - 16.00	Workshops (see below for details)	Various Rooms

Thursday Workshops: for the 13.15 and 15.00 sessions, there will be a choice of the following workshops:
** New ESs Workshop - Please select to attend this if you have attended SPESC since April 2021.*

A1. Neurodiversity / Dyslexia	Jane Duffy
A2. Wellbeing - Can We Teach Our Trainees to be More Resilient?	Karine Newlands
A3. Improving the Experience of Hospital Attachments for GPSTs and their Clinical Unit Hosts	Ben Pearson-Stuttard
A4. Tai Chi	Kevin Brown
A5. Tactical Decision Making / Simulation	Andrew McClarey and Amy Proudfoot
A6. Dying with Dignity	Drummond Begg and Hannah Easdown
A7. Helping Trainees Receive Feedback: the ECO Model	Colin McArthur
B1. Neurodiversity / Dyslexia	Jane Duffy
B2. Improving the Experience of Hospital Attachments for GPSTs and their Clinical Unit Hosts	Ben Pearson-Stuttard
B3. Wellbeing - Can We Teach Our Trainees to be More Resilient?	Karine Newlands
B4. *New ESs Workshop	Jonathan Paisley and Nicola Duffy
B5. Tactical Decision Making / Simulation	Andrew McClarey and Amy Proudfoot
B6. Dying with Dignity	Drummond Begg and Hannah Easdown
B7. Stoicism	Robbie Bolton

Friday Workshops: for the 13.15 and 14.45 sessions, there will be a choice of the following workshops:
** New ESs Workshop - Please select to attend this if you have attended SPESC since April 2021.*

C1. Four Things GP Trainers Should Know About Humility	Annabel Shepherd
C2. Giving Feedback	Janet Sayers
C3. Lifestyle Medicine	Susannah Scarlett
C4. Are GPs Well Placed to Deliver Nutritional Advice to Patients?	Emma Platt
C5. QI Project Assessment Calibration	Duncan McNab
C6. Educational Supervisor's Report - How to Maximise Benefit for Our Trainees	Chris Mair
C7. Helping Trainees Receive Feedback: the ECO Model	Colin McArthur
D1. Four Things GP Trainers Should Know About Humility	Annabel Shepherd
D2. Are GPs Well Placed to Deliver Nutritional Advice to Patients?	Emma Platt
D3. Lifestyle Medicine	Susannah Scarlett
D4. Imposter Syndrome	Robbie Bolton
D5. QI Project Assessment Calibration	Duncan McNab
D6. Tai Chi	Kevin Brown
D7. *New ESs Workshop	Chris Mair and Thomasin Mackie