

Health Care Support Workers Virtual Learning Week

Presenter : Susan Mair

Session title - You and Your Wellbeing

Date : Tue 1st March 2022 : 09:15-10.00

Delegate numbers 203 invited

You and Your Wellbeing poll summary results:

MS Forms polls use in meeting (some delegates chose to use chat function to respond and these replies are not captured below).

Poll 1 word cloud

Describe with a word or two - how you feel?



79 responses

Poll 2 word cloud

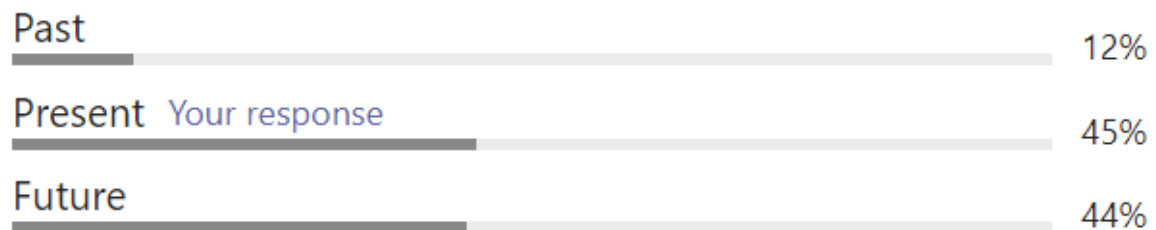
How would you rate your wellbeing - on a scale of 1-10, where 10 is the best you can be and 1 is not good?
enter your number below



93 responses

Poll 3 – MCQ

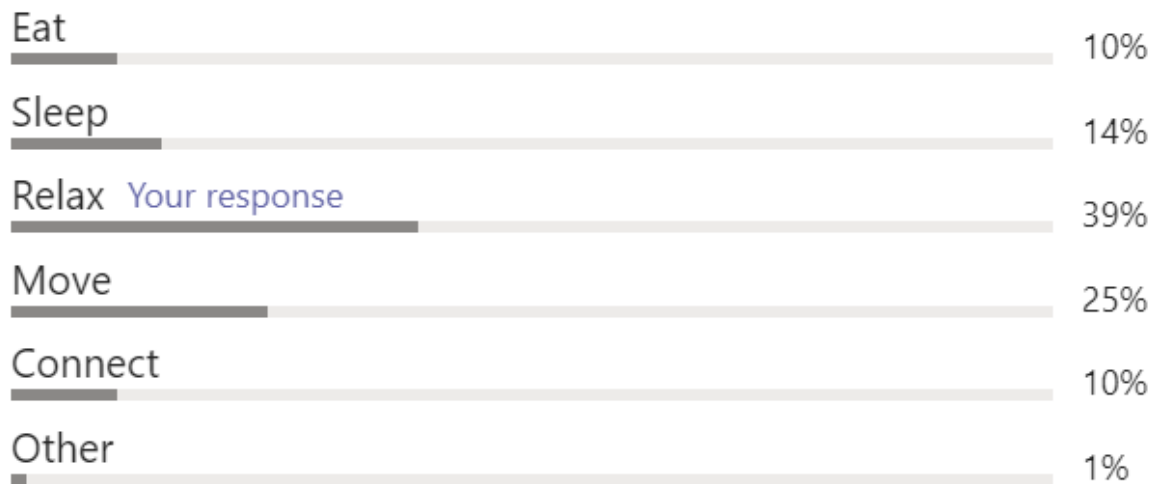
Where are your thoughts right now – honestly?



94 responses

Poll 4 - MCQ

Which area of wellbeing are you going to work on?



69 responses

Poll 5 word cloud

What one word would you use to sum-up what you are taking from today's session?



59 responses