**FSO** 

## @JohnLoughton

Chief Executive, Dare2Lead Rights Campaigner Global Speaker Leadership Coach Proud Ginger







#### Tell you two stories

#### Make one confession



Twitter : @JohnLoughton @daretolead

## My Journey



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#### HARD GROWING UP:

## LOTS OF PRESSURES ADULTS FORGET

Come back if it What's wrong with happens again you now? **Young People Should Respect your elders** be seen and not heard! You speak when you're Man up! Boys will be Boys! spoken too! Speak properly John Shoosh and do what you are told I get paid & go back to That's SOOO gay my family either way Why are you late? Young people are the future

Nae budget!	<b>Evaluation mode</b>	els
Value for money	Im too old!	
Are the politicians ok with this? I don't understand it all	THIS is the way happen here, a	things nd
<b>Bost practico?</b>	always have do	
	ot my responsibility	Majority wins
- and the second s	Be realistic!	don't
Im not good enough	Its been tried	deserve it
l don't fit in	Whats the point!?	



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## "The world thinks in **Black &** White. I decided to dream in Full Colour."

### Frederick - Malawi

## Change your mindset.

### Change your mindset.

Change your reality.

- I was bullied.
- I was depressed.
- I was broke.
- I was in crumbling council house.
- I was surrounded by drugs.
- I was at THE lowest school.
- I was severely overweight.
- I was in denial of my sexuality.
- I wasn't from a successful family.
- I wasn't the most clever at school.
- I wasn't popular.
- I was suicidal.
- I wasn't safe.

## **BUT, I CHOSE TO CHANGE.**

## Attitud is the startin point f change.





# "It's better to Fail trying,

## Than failing to try."

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# Struggle makes us strong."





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#### unicef 4

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NATIONS UNIES



John Loughton

Scottish Youth Parliament

scotland

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UNIVERSET

THE GEORGE WASHINGTON UNIVERSITY





## Work by three 'anchors'





### Always Be Confident

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## Always Be Compassionate

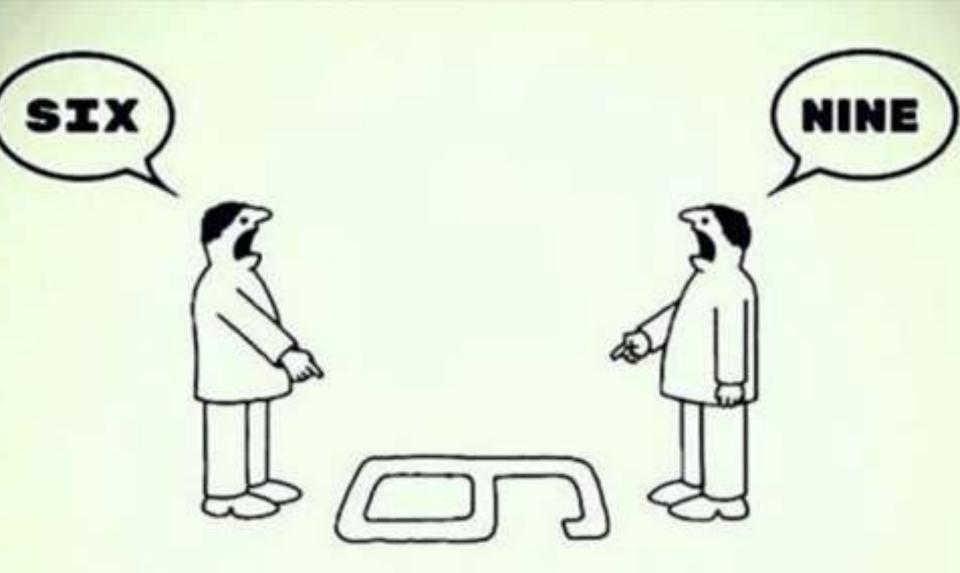
### Always Be Confident

### Always Be Compassionate

Always Be Challenging

Vulnerable people's lives are too often defined by a series of well-meaning yet failed professional relationships.

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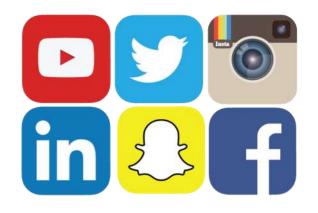
## Perspective Changes Everything

### Oh ..... and that confession.....



# Sometimes it is the people that no one imagines anything of that do the things that no one can imagine

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## **FOLLOW AND CONNECT**

