

## Parallel Session Descriptors

East ES Conference - Tuesday 28 September 2021

Virtual Event (Microsoft Teams)

### Parallel Session 1: 11.00 – 12.00

**Cultural Competence:** Annabel Shepherd / Nitin Gambhir

Do you know what microaggressions are? Are you aware of Unconscious Bias? Do you want to hear how to best support an International Medical Graduate Colleague in practice?

Reducing Differential Attainment in GP training remains one of our top priorities and Cultural Competence is now a widely recognised tool to achieve this.

This interactive session will provide an innovative look at how educators can celebrate diversity and develop cultural competence for our workplaces and our teams.

**SESSION FULL** **How to Guide Your Trainee Through ARCP:** Chris Mair

The ARCP process often causes stress and difficulty for trainees. This workshop aims to demystify this process and help you as an educational supervisor guide your trainee towards a successful ARCP outcome. Tips to avoid Outcome 5s and other non standard outcomes.

**An Update from Practitioner Health Scotland on Wellbeing and Resilience:** Kirsten Woolley

Practitioner Health Scotland is a new confidential mental health service for all regulated professionals working in health care sectors in Scotland. Our Deputy Manager, Dr Helen Garr, and our Clinical Lead for Scotland and RCGP Wellbeing Lead, Dr Kirsten Woolley, discuss the role of the service in promoting our personal wellbeing and the wellbeing of our colleagues and our teams.

**What Will The Digital Health and Care Strategy Revision of 2021 Mean for General Practice?:** Paul Miller

The revision of the 2018 Digital Health and Care strategy is due to be published soon, with an increased emphasis on citizen access to their own health and care data. Against the background of the huge changes in working practice we have seen during the Covid 19 pandemic, the plans in the new GP Contract, and the new GPIT systems due soon, what will all this mean for general practice and GPs?

**SESSION FULL** **COT Calibration:** Sarah-Jane Baldwin / Emma Wilson

The consultation observation tool assesses trainee consultations with real patients in real time during primary care placements. Calibration for ESs in this element of WPBA is hosted by the East TPD team during this lively and interactive workshop.

### Parallel Session 2: 13.00 – 14.00

**Diagnostic Errors Due to Heuristics and Cognitive Bias:** Phil Gordon

We all make diagnostic errors, and the huge majority of these are not down to lack of knowledge. Rather they are caused by now well-recognised errors in our thinking. What are these errors, how might we guard against them, and teach our trainees to do the same?

**SESSION FULL Supporting Your Trainee Through the Recorded Consultation Assessment:** Simon Austin / Steven Elliott

The RCA is now the new CSA. The aim of this session is to improve your understanding of the RCA and help you in supporting your ST3 prepare for the exam.

**ST1 QIP:** Alexia Pellow

An overview from the patient safety team of how training practices can support trainees to complete a successful ST1 quality improvement project, with an opportunity to calibrate your assessment of this recently introduced element of WPBA.

**Bitesize - Tutorial Starters for 10:** Mark Taylor

This session was born from lockdown home education and the use of BBC Bitesize, laced together with a love of the Banff Film Festival. Less interactive and more reactive and reflective, so make a drink, sit back and get comfortable.

In this session we will watch some video clips that might set the scene for a topic or activity with GP registrars - either for group work or one-to-one tutorials. All have been tried and tested at some stage, with varying degrees of success...! Some need more 'selling' than others, so feel free to disregard those or use the excuse "You won't believe what someone sent me, let's have a look and see what you think...!"

**Mental Health for Trainees:** Karine Newlands

Supporting the mental health of GPSTs - this session will look at the issues that can impact on a trainee's psychological wellbeing and prevent them getting the most out of their training - we will discuss what resources are available for these trainees and the role of the Professional Support Unit.

**Parallel Session 3: 14.30 – 15.30**

**Professional Support Unit, Supporting Trainees in Difficulty:** Fiona Drimmie / Graeme Gatherer

Do you feel confident about managing trainees in difficulty? This update from the Professional Support Unit on recognising trainees in difficulty and the steps that you should take as an ES will be invaluable for ES with all levels of experience.

**SESSION FULL COT Calibration:** Sarah-Jane Baldwin / Emma Wilson

Session repeated.

**Is GP Training Fit for Purpose:** Angus Trainers

Bring a coffee and share your ideas about the future of GP training with our friendly and forward-thinking Angus ES group!

**How to Guide Your Trainee Through ARCP:** Chris Mair

Session repeated.

**Cultural Competence:** Annabel Shepherd / Nitin Gambhir

Session repeated.