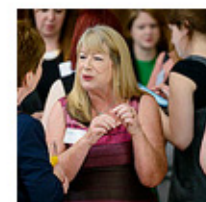


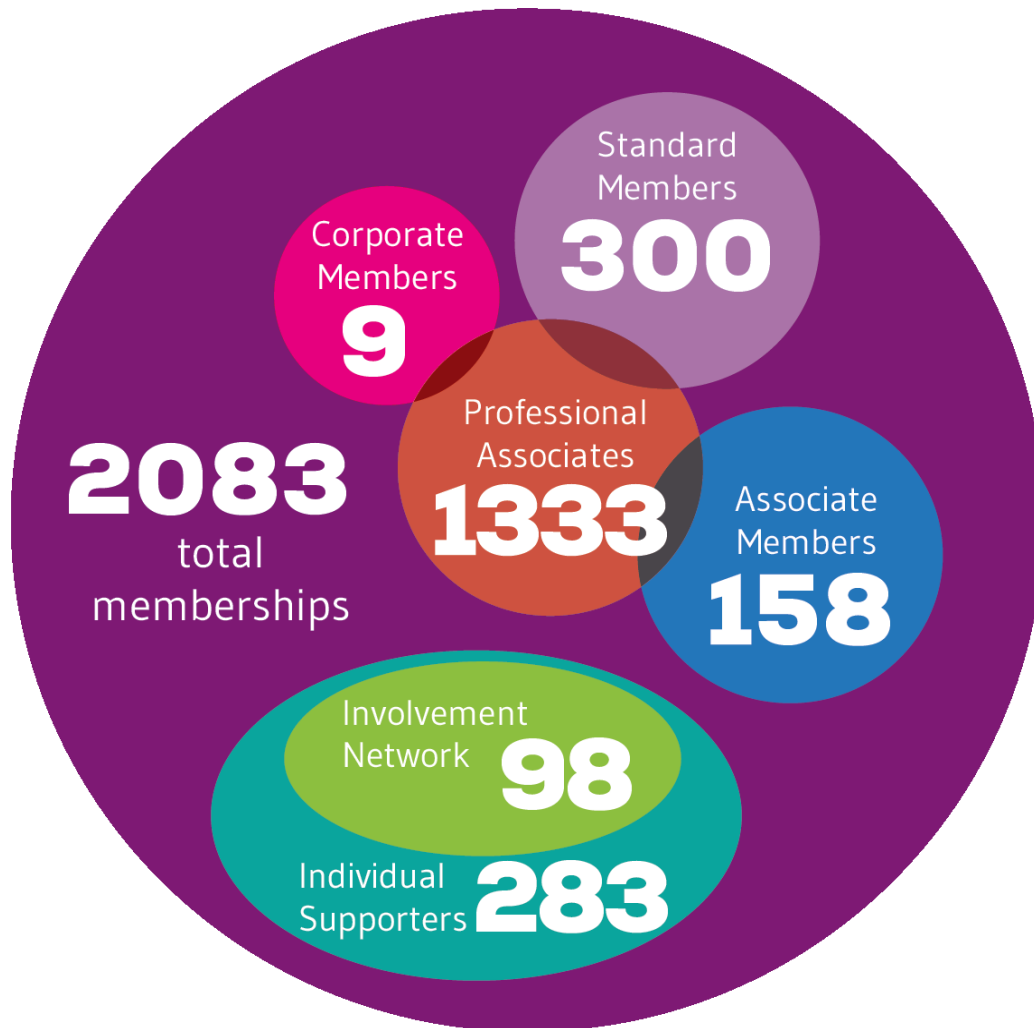


**ALLIANCE**  
 HEALTH AND SOCIAL CARE  
 ALLIANCE SCOTLAND  
 people at the centre



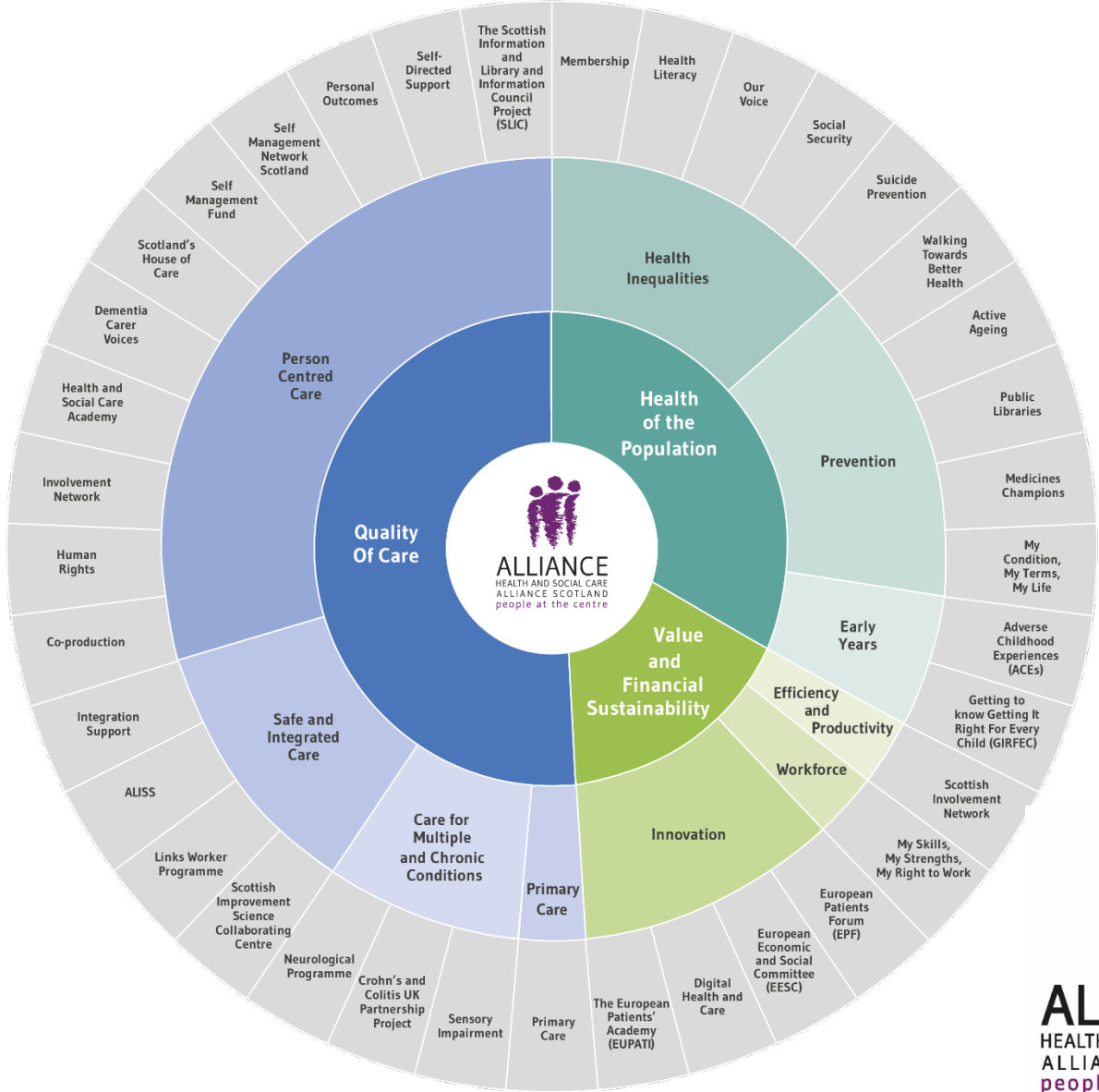
Margaret McKeith  
 National Lead, House of Care  
 The Health and Social Care Alliance

Our vision is for a Scotland where people who are disabled or living with long term conditions and unpaid carers have a strong voice and enjoy their right to live well



**ALLIANCE**  
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# The ALLIANCE projects



Route Map to the 2020 Vision for Health and Social Care

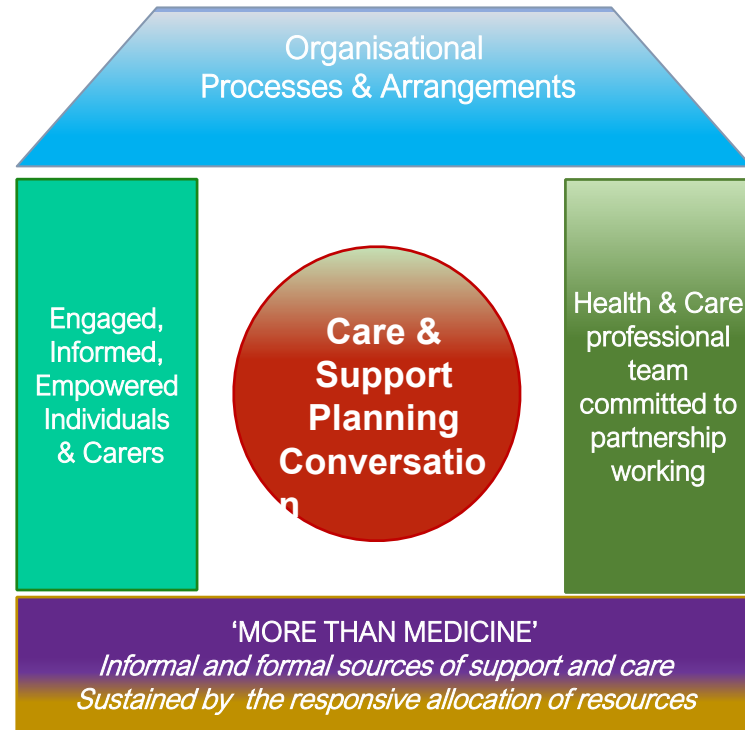
# More than Medicine

- *Range of social interventions that build on and complement clinical care.*
- *Positive health outcomes are intrinsically linked to social connectedness and being able to live as well as possible within a community setting.*

the person living their life with a/lc

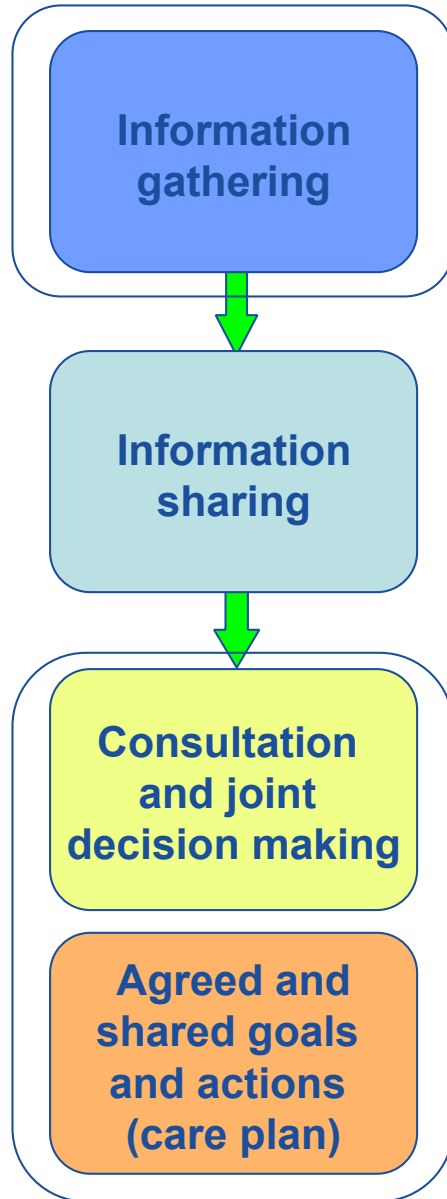
episodic consultations

# Scotland's House of Care Programme



***A fundamental shift in the relationship between person and professional that supports that person to be in the driving seat of their health and social care, with self-management at the heart***

# The Care and Support Planning Process:



**1<sup>st</sup> visit = Disease Surveillance**

Annual review tests/tasks done

**In between visits = PREPARATION**

Results/agenda setting prompts sent to patient >1 week before consultation

**2<sup>nd</sup> visit = Care and Support Planning**

equals and experts (HCP and patient) meet to review how things are going, consider what's important, share ideas, discuss options and develop a care plan





Suggested resources, all referrals

A word cloud on a black background with white text. The central and largest words are "non-statutory" and "health". Other prominent words include "statutory", "social", "group", "counselling", "financial", "community", "walking", "housing", "organisation", "exercise", "mental", and "class". Numerous smaller words are scattered throughout, including "advocacy", "work", "citizens", "education", "classes", "advice", "bereavement", "law", "local", "anxiety", "condition", "specific", "employment", "ethnic", "bureau", "centre", "parenting", "carers", "cancer", "food", "transport", "addiction", "benefits", "macmillan", "related", "volunteering", "women's", "befriending", "classes", and "elderly".

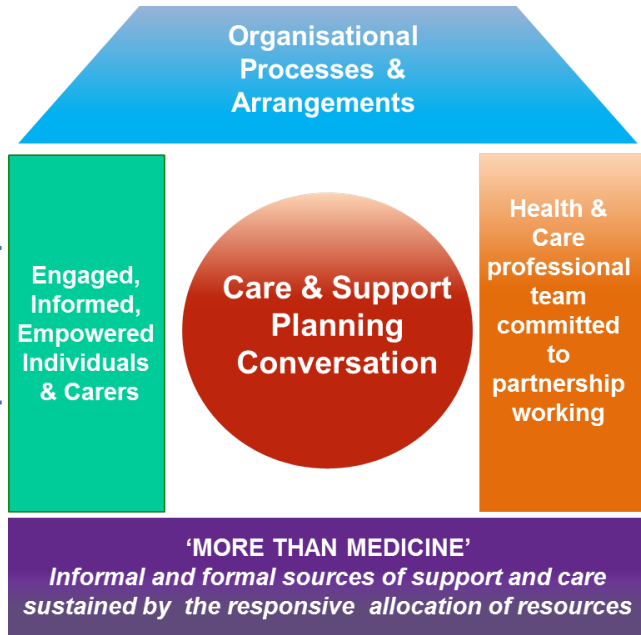
classes  
advice  
mental  
exercise  
statutory  
social  
group  
counselling  
advocacy  
work  
financial  
community  
walking  
housing  
organisation  
local  
anxiety  
condition  
specific  
employment  
ethnic  
bureau  
centre  
parenting  
carers  
cancer  
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addiction  
benefits  
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volunteering  
women's  
befriending  
classes  
elderly  
bereavement  
law  
minority



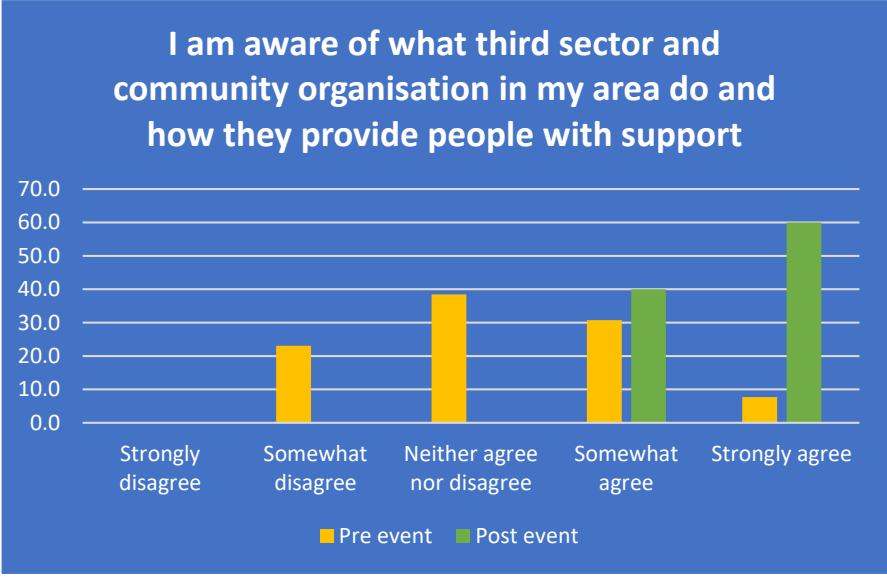
**'More Than Medicine'**  
Lunch and learn sessions  
linking GP Practice and  
the Third Sector

**Key aims:**

- Strengthen links between General Practice and Third Sector organisations in their area
- Raise awareness of ALISS and how to signpost effectively to the Third Sector

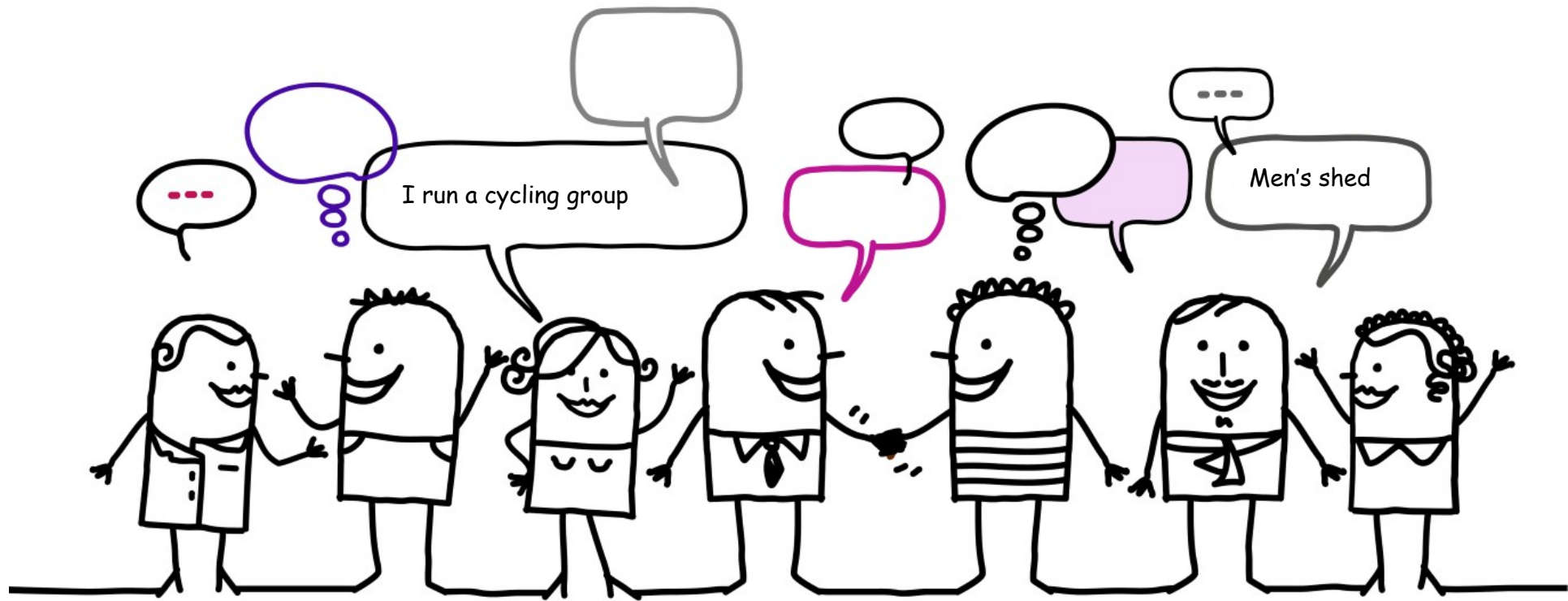


**General practice staff reported that their awareness of what third sector organisations in their area do and how they provide people with support increased by three times after the event compared to before the event.**





they explained what they can offer people living in the community to increase their health and wellbeing.



I run a cycling group

Men's shed

## What people think about the House of Care model ...

I have appreciated both visits. It's good to see how I am doing in black and white. I left feeling helped and encouraged

Excellent set up. Nurse knows your health problems and I can see where help is required.

Am working on decisions and solutions

An excellent change. Well done!

I found this a helpful way in which to understand my condition and how I can help myself to achieve my goals

I found it all good and informative, relaxed, very helpful, can only say 'Ta' much and will work to reach goal and priorities I set – no more Buckfast, lose a stone or more (improve diet a little and exercise more regularly) On my bike pedalling!!! All in all, cheers for a much needed, gentle boot in the BUTT?!! That's it. Big Ken

# Thank You

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