

MORNING PARALLEL SESSION

SESSION 1

A. Light-Touch Mentorship of Physiotherapists Supports Development of Clinical Expertise

Presenting Author / Other Contributors: Laura McLean, Clinical Specialist Physiotherapist, Edinburgh Health and Social Care Partnership, NHS Lothian and Wendy Johnson, Clinical Specialist Physiotherapist, AHP Musculoskeletal Pathways Programme Lead, Edinburgh Health and Social Care Partnership, NHS Lothian

Description: Mentorship is highly valued, yet traditionally requires the input of considerable time. We present a light-touch mentoring approach which improves confidence, expands thinking and develops communicative skills - to develop physiotherapists' clinical expertise. This interactive mentorship and communication skills session is relevant to all, irrespective of background or profession.

B. Growing New Placement Learning Opportunities in NHS Grampian

Presenting Author / Other Contributors: Vicky Burnett, Practice Educator, Lesley Alexander, Practice Education Facilitator, NHS Grampian and Gill Fenwick, Practice Education Lecturer, Robert Gordon University (RGU)

Description: This session will discuss how practice education staff worked in partnership to develop innovative, new learning opportunities in custodial nursing and with AHPs. We will explore the benefits versus potential risks of placing students in that high-risk environment through an interactive discussion.

SESSION 2

A. Mental Health Improvement and Suicide Prevention Workshop

Presenting Author / Other Contributors: Samantha McEwan, Maria Dale and Audrey Taylor, Principle Educators, NHS Education for Scotland

Description: This interactive workshop is designed for non-mental health staff. It will cover the areas of mental wellbeing, suicide prevention and having compassionate conversations with people who are experiencing mental distress or may be feeling suicidal. It is designed to support learning at the Informed Level of Scotland's Knowledge and Skills Framework for Mental Health Improvement, Self-Harm and Suicide Prevention see <https://learn.nes.nhs.scot/17100/mental-health-improvement-and-prevention-of-self-harm-and-suicide/mental-health-improvement-and-suicide-prevention-framework>

SESSION 3

A. An Impact Assessment of the Podiatry Competency Framework for Integrated Diabetic Foot Care 2012-2019

Presenting Author / Other Contributors: David Wylie, Head of Podiatry, NHS Greater Glasgow and Clyde

Description: The 'Podiatry Competency Framework for Integrated Diabetic Foot Care' described knowledge and skills required to deliver diabetic foot care. This presentation shows how one NHS Podiatry service improved competencies by identifying learning and education needs and targeting clinician education. Over the seven-year lifespan of the framework, Band 6 competencies improved 12.4% and Band 7 competencies 27.1%.

B. Developing Role-Specific Knowledge Skills and Behaviours (KSBs) for Radiographic Reporting Advanced Practice: Results of a Pilot Development

Presenting Author / Other Contributors: Jonathan McConnell, Consultant Reporting Radiographer, NHS Greater Glasgow and Clyde, Chris Rowley, Scottish Government and Reporting Radiographer Interest Group Scotland

Description: A short exercise will be performed asking the audience to merge multiple source statements into a single KSB statement to demonstrate what and how this is achievable and the difficulties that may be experienced in creation of such statements.

SESSION 4

- A. 'The Healthcare Experience' Home and Ward Simulations for Senior Pupils Considering a Career in Health or Social Care**
Presenting Author / Other Contributors: George Hogg, Lecturer, Paul Christie, Patient Trainer, University of Dundee, Debbie Stafford, Principal Pharmacist (Education), Nancy Galloway, PEF Team Leader, Karen Drew, PEF, NHS Tayside and John Robertson, Developing the Young Workforce, Perth and Kinross
Description: This session will share the evaluation from the pupils, students and staff involved in planning and delivery. It will share resources developed with information for schools and information for pupils packs and the application process.
The audience will then participate in discussions about how this could be delivered in their areas.
- B. Induction and Development Programme for Newly Qualified Midwives (NQM)**
Presenting Author / Other Contributors: JoAnna Greenock, Practice Development Midwife, NHS Greater Glasgow and Clyde
Description: This interactive workshop will showcase NHS Greater Glasgow & Clyde Maternity's induction, development and retention strategies being used to support Newly Qualified Midwives. The workshop will help you to think about a 'Dayone pack' for your staff and demonstrate how delivering compassionate person centred care to staff is relevant and how little things make a big difference.

SESSION 5

- A. Doubling the Capacity of a Community Nursing Team Using Lean Six Sigma Methodology**
Presenting Author / Other Contributors: Heather Tennant, Transformation Programme Manager, Aberdeen City Health and Social Care Partnership
Description: How did a community nursing team in Aberdeen increase their patient-facing time by 119% in 93 days? This session explores the use of the Lean Six Sigma methodology to improve efficiencies and effectiveness in service delivery. Delegates will discuss and reflect how such an approach could be used in their local areas to address the challenges they face.
- B. Inclusive and Accessible Advanced Dementia Education and Development, from Scotland to India and Back Again**
Presenting Author / Other Contributors: Professor D Tolson, Director of Alzheimer Scotland Centre for Policy and Practice, University of the West of Scotland, Dr A Jack-Waugh, Lecturer in Dementia, Alzheimer Scotland Centre for Policy and Practice, University of the West of Scotland, and Dr Louise Ritchie Lecturer in Dementia (Research) Alzheimer Scotland Centre for Policy and Practice, University of the West of Scotland
Description: In this session learning and solutions from the Global Challenge research funded exploration of the experience of advanced dementia in India are outlined. Participants will have the opportunity to discuss how these findings resonate with their own experiences of working with people affected by dementia in Indian communities in Scotland.

SESSION 6

- A. Bridging the Gap: Using an Internship Model to Improve Recruitment, Service Delivery and Student Learning**
Presenting Author / Other Contributors: Catriona Cameron, Physiotherapy Lead, Aberdeen City Health and Social Care Partnership and Anne Wallace, Academic Strategic Lead, School of Health Sciences, Robert Gordon University, Aberdeen
Description: A brief overview of a pilot project to introduce the internship model for AHP students with a view to increase recruitment to qualified roles in the Health Board. Information on the set-up and operation of the project including funding and results of semi-structured interviews demonstrating benefits for students, service and patient care.

B. Exploring the Transition of New Entrant Students to a Modern Healthcare Setting

Presenting Author / Other Contributors: Douglas Lauchlan and Sebastien Chastin, Glasgow Caledonian University

Description: The session would aim to draw from the findings of the student experiences above. Realising not only the student journey but also the impact on practice educators in taking students via this model. Key themes will be developed through the response of attendees using a modified Nominal Group Technique approach.

AFTERNOON PARALLEL SESSION

SESSION 7

A. Facilitating Personal Outcomes and Risk Enablement...What's the Worry, Whose Worry Is It and How Do We Worry Less?

Presenting Author / Other Contributors: June Gordon, Dietitian and Janet Thompson, Occupational Therapist, NHS Grampian

Description: Pose the question "What matters to you?" A conversation about risks we take in everyday life and how not being "allowed" to take them would impact on our quality of life. Consideration of what prevents us facilitating risk with our patients/service users. Case studies.

B. Enhancing Service Provision Through Development and Implementation of a Global Health Literacy Measurement Tool

Presenting Author / Other Contributors: Amanda Gould, Health Improvement Officer and Hayley Ross, Wellbeing Co-ordinator, Aberdeen Health and Social Care Partnership

Description: What is health literacy? Why is it important? Am I health literate? This session describes the development of a tool to measure all constructs of health literacy and tests your knowledge in a special game of: 'Who Wants to be a Millionaire: Health Literacy Edition!'"

C. Mapping Outcomes to Understand the Value of a Health and Social Care Network

Presenting Author / Other Contributors: Emma Miller, Senior Research Associate, University of Strathclyde, Audrey Taylor, Principal Educator, NHS Education for Scotland and Ellen Daley, Project Manager, IRIS

Description: In this session we will share our experiences of using outcomes mapping to evaluate the impact of a health and social care network (the Personal Outcomes Network). We will offer a description of the evaluation approach, reasons for choosing the Matter of Focus model used and what it enabled us to find out. The session will include contributions from practitioner/members about their experiences of the network and its evaluation.

SESSION 8

A. How do Remote and Rural Practitioners Maintain Competence in Skills Required but Rarely Used?

Presenting Author / Other Contributors: Helene Marshall, Principal Educator, NHS Education for Scotland and Jaki Lambert, Midwifery Adviser to Scottish Government

Description: Remote and Rural practitioners may have to utilise some skills rarely. Review of the research and results of a skills survey looking at skills, acquisition, maintenance and confidence levels. Completed by urban and rural practitioners, confidence levels were similar, ways of maintaining skills differed, learning in context was important.

B. Neonatal Transitional Care Education Programme for Midwives and Maternity Care Assistants (MCA)

Presenting Author / Other Contributors: JoAnna Greenock, Practice Development Midwife, NHS Greater Glasgow and Clyde, Dr Lesley Jackson, Neonatal Consultant, Queen Elizabeth University Hospital, Thomas McEwan, Midwifery Lecturer, University of the West of Scotland and Cate Nicholl, Neonatal Nurse Educator, Queen Elizabeth University Hospital

Description: This interactive workshop will illustrate the ultimate goal of Neonatal Transitional Care (NTC) - to promote parental confidence to enable parents to provide safe and effective care for their baby in the transition between hospital and home care. The workshop will conclude with an interactive demonstration of the power of a coaching conversation.

C. Family Nurse Partnership: Creating a Learning Environment in Family Nurse Partnership and the Integration of the Learning Using a Variety of Approaches Including Digital Recordings

Presenting Author / Other Contributors: Anne Burns Nurse Consultant FNP, NHS Greater Glasgow and Clyde and Pamela Murray FNP Clinical Lead, Scottish Government

Description: This workshop will outline how FNP Supervisors create a learning environment and use a variety of approaches to fully integrate and consolidate the FNP learning programme when back at base. Participants will get the opportunity to view digital recordings of simulated scenarios that have been shown to evoke an emotional response and enhance learning.

SESSION 9

A. The Use of Online Portfolios as a Means of Assessment in Advanced Practice

Presenting Author / Other Contributors: Colette Henderson, Lecturer in Nursing, University of Dundee

Description: Early findings suggest online portfolio as a method of assessment is beneficial for closing the theory practice gap. A multi-professional discussion will be encouraged during this session using a table-top approach.

B. Work Based Learning – a Model for Specialist and Advanced Practice

Presenting Author / Other Contributors: Victoria Campbell, Lecturer-Practitioner (Advanced Practice) and Dr Mark Cooper, Consultant Nurse (Advanced Practice), NHS Greater Glasgow and Clyde

Description: The expertise required to teach specialist practice often lies within the workplace. This collaborative model utilises this expertise to facilitate academically accredited learning contracts within the workplace. The learning contract can be viewed as a 'recipe' which is adaptable and transferrable. Discussion from the multi-professional audience will be integral to this session.

C. Scottish Access Collaborative – Accelerating the Development of Enhanced Practitioners Learning from the First Pilots

Presenting Author / Other Contributors: Lindsey Mitchell, Programme Manager – Workforce, Scottish Access Collaborative

Description: This session will provide an overview of the work of the Scottish Access Collaborative, focussing on the ambitions behind the development of ADEPt.

We will share our learning from the pilot projects that are currently underway – highlighting the work undertaken jointly with NES to support the development of non-medical endoscopists.

Our questions for participants will focus on:

1. How could this approach support your team / service development?
2. What other roles or areas should we consider next?

SESSION 10

A. Proactively Connecting with the Learning Needs of a Remote and Rural Workforce

Presenting Author / Other Contributors: Evelyn Newman, Nutrition and Dietetics Advisor: Care Homes, NHS Highland

Description: This session explores challenges and opportunities for supporting learning and development to a changing, remote and rural workforce, accommodating many different learning styles. Examples of how this has been achieved and the positive impact on staff and residents' health and wellbeing are described. Interactive, educational games provide a fun, alternative approach to conventional training.

B. Developing Nutritional Champions in Nursing Care Homes within NHS Greater Glasgow and Clyde to Achieve Improved Nutritional Outcomes for Residents Through Implementing Quality Improvement Strategies Transforming Nutritional Care.

Presenting Author / Other Contributors: Alison Molyneux, Care Home Dietitian, Gillian Mackay, Care Home / Community Dietitian and Laura McKinnon, Care Home / Community Dietitian, NHS Greater Glasgow and Clyde

Description: Food First: Within NHS Greater Glasgow and Clyde our policy is to encourage non-pharmacological approaches to self-manage identified nutrition risk. The impact of fortified milk and dairy-free drinks will be demonstrated. Each participant will be given a taster and learn how simple strategies can make a big energy difference.

C. Scottish Infection Prevention and Control Education Pathway – First Year Evaluation of the Foundation Layer

Presenting Author / Other Contributors: Dr Sabine Nolte, Principal Educator, Ruth Robertson, Head of Programme (Public Health) Sarah Freeman, Principal Educator, Elaine Boyd, Practice Education Co-ordinator, Elaine Thompson, Senior Officer and Christopher Boyle, Administrative Officer, NHS Education for Scotland

Description: This session presents some of the findings of the evaluation of the first year of the delivery of the Foundation Layer of the Scottish Infection Prevention and Control Education Pathway (SIPCEP) and discusses the challenges of designing and providing accessible IPC education to a multidisciplinary audience working across all care settings using technology.

SESSION 11

A. Taking a Trauma-Informed Organisational Approach to Educate, Enable and Support a Compassionate Connected Workforce

Presenting Author / Other Contributors: Jennie Young, Principal Educator for Trauma, NHS Education for Scotland

Description: Participants will be encouraged to reflect on their own job role and their clinical environment to consider actions they could take within their own practice, environments, systems in order to become trauma informed and responsive in their field of practice.

SESSION 12

A. Regulators' Workshop

Presenters from Scottish Social Services Council, Nursing and Midwifery Council and The Health and Care Professions Council

This session will focus on the following conference Themes:

Providing high quality learning and development opportunities
Education for a skilled, adaptable and compassionate workforce