

Iain Macritchie

A Plan for the Future of Spiritual Care in
Scotland

THANK YOU FOR COMING

YOUR IDEAS ARE HUGELY IMPORTANT IN
SHAPING THE FUTURE OF THE SERVICE

Sometimes, in order to look forward, it is good to look back....

..... and see how far we have come.



NHS Education for Scotland



"Look, they care about *me!*"

(Member of staff texting his wife along with a picture of the Qibla on the ceiling.)

A place for everyone – a service for all

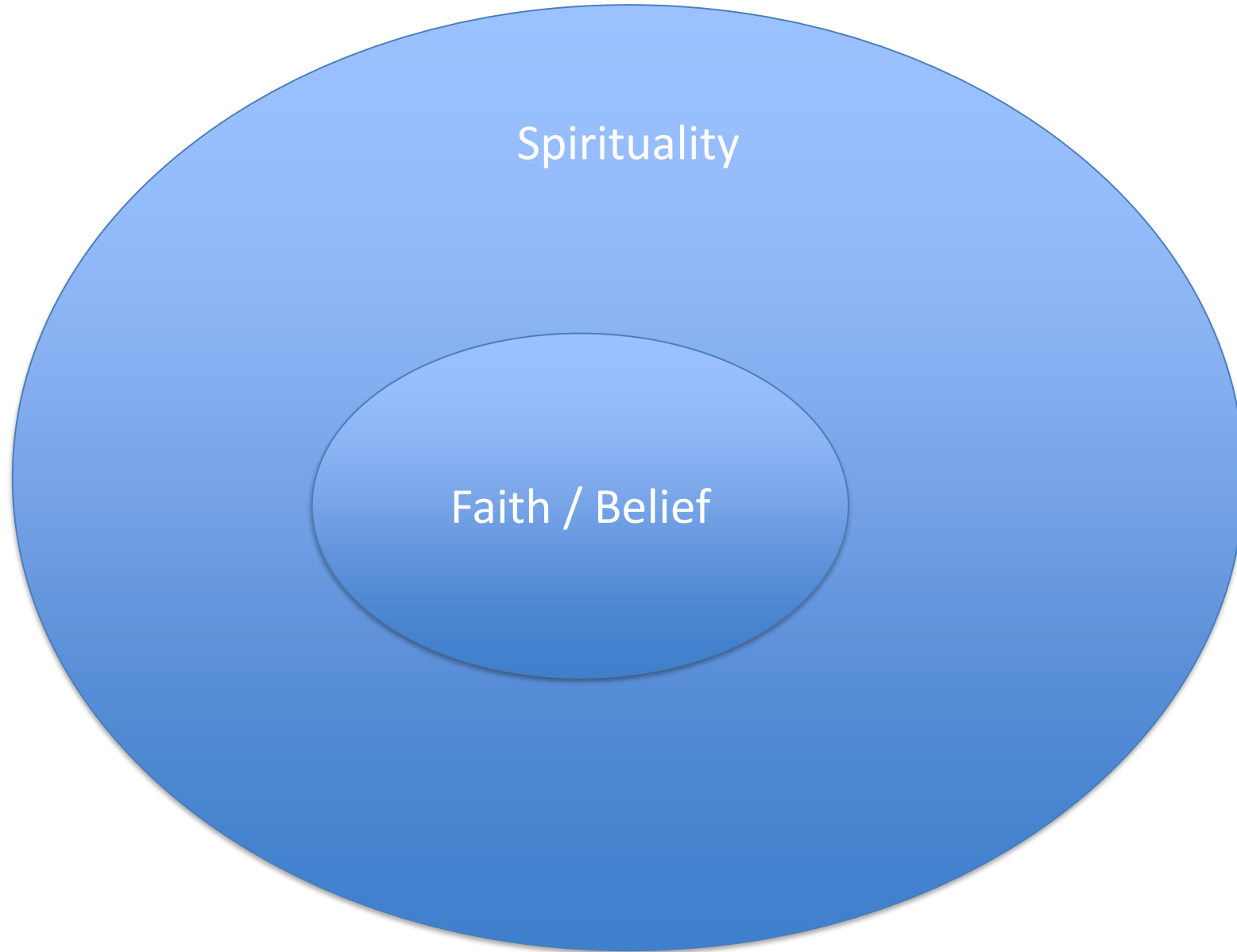
- We have far more in common than the things that separate us
- ...yet each one of us is unique
- The impossibility of neutrality
- The danger of dominance

A place for everyone – a service for all

- Scotland 2011 – 63% Religious: 37% non-religious (now probably nearer 55%:45%)
- So what? Common interests, e.g.
 - Dignity and worth of every human being
 - Meaning and purpose in life
 - Compassion, love and connection

HDL 76 (2002) Person-centred Spiritual Care

- Spiritual care is usually given in a one-to-one relationship, is completely person-centred and makes no assumptions about personal conviction or life orientation.
- Spiritual care is not necessarily religious. Religious care, at its best, should always be spiritual.



Significant developments since HDL 76 (2002)

- CEL 49 (2008)
- Paradigm shifts in care
- Integrated Health and Social Care working
- Austerity
- Professional Registration since 2017

So what does the Spiritual Care service now look like in Scotland?

- Chaplains working generically to deliver person-centred spiritual care (core job)

So what does the Spiritual Care service now look like in Scotland?

- We (re-)connect people to their own core values and core beliefs in order to promote recovery, maintain wellbeing and empower people to make good decisions

So what does the Spiritual Care service now look like in Scotland?

- Three demonstrator projects (thank you NES programme and Scottish Government
 - Values-Based Reflective Practice®
 - Community Chaplaincy Listening
 - Patient Reported Outcome Measure



Values Based Reflective Practice



Community Chaplaincy Listening

Your story. Your time. Your wellbeing.

Patient Reported Outcome Measure

PROM

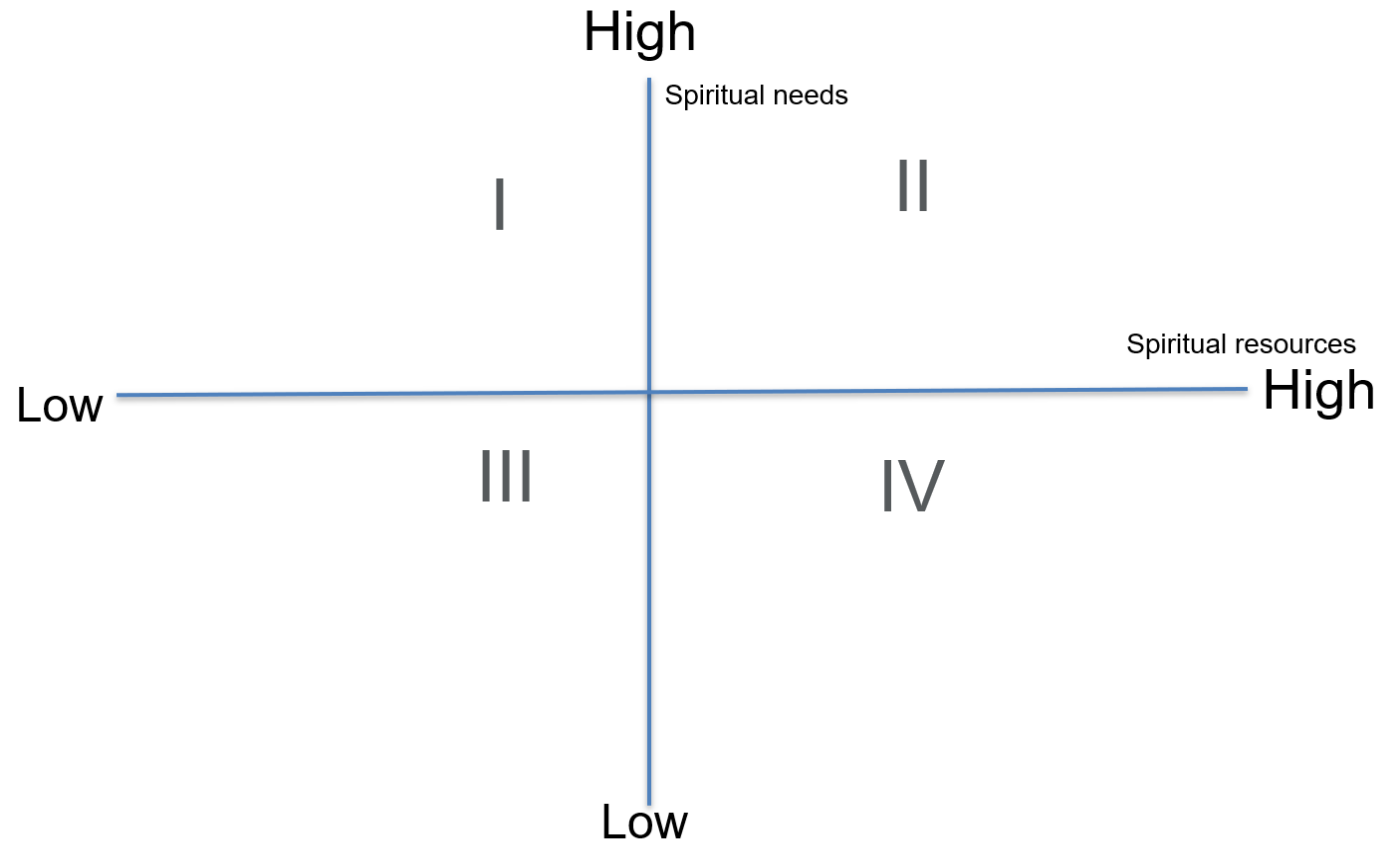
Scottish Patient Reported Outcome Measure
Before seeing chaplain

Scottish Patient Reported Outcome Measure
After Discharge

“New occasions teach new duties”

- Need to build on these past successes and Scotland’s international reputation in this field
- Time for a new vision for Spiritual Care in Scotland

Fitchett, Meyer and Burton's research



We need your help to get to where we need to be

- Better outcomes for service-users
- Better trained, equipped and formed Chaplains and Staff
- A sustainable workforce
- Research and evidence base

Linking with current SG and UKBHC drivers

- Scottish Government documents:
 - Realistic Medicine, Excellence in Care, AHP Active and Independent Living Programme, Health and Social Care Standards etc
- UKBHC documents:
 - Standards, Competencies and Capabilities, Code of Conduct, Placement Standards etc

Have we covered the bases?

- Are we missing anything?
- Are we asking the right questions?
- Do we have the right fields of enquiry?

Because, at the end of the day.....

- Someone is going to hold my hand, or my loved one's hand when spiritual need is high.....
- and say what?
- and do what?
- and be what?