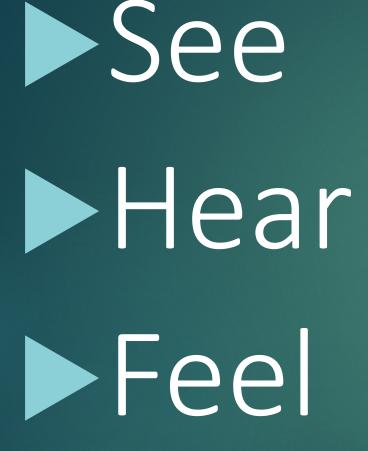
# Is the Consultation still important?

TPD GLASGOW SOUTH



## Clip from start of Movie Wit



Explore how we teach consultation skills to GPSTs

Explore use of video in the "COT Era"

Consider Realistic Medicine (CMO 2016)

 (Recruit Consultation Peer Reviewers from South East Scotland)

### Teaching the consultation to GPSTs

Who?
When?
Where?
How?

## Tasks of the Consultation

#### Pendelton 1984

- 1. To define the reason for the patient's attendance History/ ICE/ effects of problem
- 2. To consider other problems

*Continuing problems/ risk factors* 

- 3. With the patient, to choose an appropriate action for each problem
- 4. To achieve a shared understanding of the problem(s) with the patient
- 5. To involve the patient in the management, encouraging him/ her to accept appropriate responsibility
- 6. To use time and resources appropriately

In the consultation and long term

7. To establish or maintain a relationship with the patient which helps to achieve the other tasks

## CMO Report 2016

"We have asked the Citizens Panel, a group of 1,300" people who are broadly representative of the Scottish Population, what is most important to them to make a good consultation. 76% stated leaving the consultation feeling they had been listened to, was an indicator of a good consultation, followed by 67% citing clarity of information. "

## Realistic Medicine

#### Principle 1

Realistic Medicine seeks to improve healthcare by combining the expertise of patients and professionals in a more equal relationship; building a more personalised approach to care, increasing shared decision making....

#### Principle 2

The skills needed for Realistic Medicine are required throughout a doctor's career. The work required to develop and sustain these skills should include all doctors.....

#### Principle 3

Doctors in Scotland should be supported to practise Realistic Medicine through the provision of appropriate knowledge; evidence, training, tools and aids.....

## Realistic Medicine (2)

#### Principle 4

Interpretation of the core skills for Realistic Medicine, relevant across lifelong learning, complement traditional medical education; competency in communication ......

Principle 5

Learning medicine is an apprenticeship. Exposure to role models who display desirable behaviours and approaches is vital, excellent role modelling is very powerful and may influence learning throughout a career.

Principle 6

Image: matrix must be empowered to fulfill their role in shared decision making.

## What do our GPSTs find difficult when consulting in GP?

## What do our GPSTs find difficult when consulting in GP?

- 10 minutesUnrealistic demands
- Running Late

List

Irritable/ angry patient



### Video and the Post CSA GPST3

Summarising and clarifying (Neighbour "jist of problem")

Picking up cues (? How did they get there)

► Further S&C

- ► Targeted, focussed examination
- Slick explanations
- Checking understanding
- Appropriate follow up

## Popsicle scene clip from Movie Wit