

Summary of Supporting Trainees Workshop – 1st Feb HCS Trainees event

Lorna Crawford and Andrew Davie

This workshop ran twice at this event. It was attended by 40 delegates (trainees and trainers) in total.

The groups discussed issues around supporting training both from the trainee and trainer perspective. Discussions were focused around 2 scenarios that were expertly acted out by three trainees (Amy Valentine, Jaclyn Toland and Laura Cluny). The scenarios were constructed from feedback from trainees and trainers on issues that they have faced or heard about. We investigated appropriate levels of supervision, appropriate expectations (both trainees and trainers), resources available and resources that would be beneficial.

At the end of the workshop the group was asked to feedback about what more NES HCS team could do to support training. The Feedback was:

- Facilitate and promote networks for trainees... and trainers. Both trainees and trainers can be isolated and would benefit from support.
- Run face-2-face courses in different areas of the country. Train the trainer and Trainees in difficulty could be run at all the major teaching centres / NES Hubs.
- The HCS team could be more visible. Visit training centres.
- Signpost more CPD opportunities
- Facilitate mentoring
- Provide a portal for trainees to upload and share documents
- Include all HCS staff groups in all NES activities
- Increase the number of face-2-face training courses available.
- For train the trainer; emphasize that the course is for new supervisors and experienced supervisors who might be keen to update their knowledge.
- Emphasize that the NES HCS team is there to help. The best way to contact the team is to e-mail HCS@nes.scot.nhs.uk

Andrew