

Time	Description	Speaker	Room	CET Points
07.45 - 08.45	PAL Network Breakfast Peer Discussion	Dr Kathy Morrison	Ballroom 2	3
09.00 - 09.25	Registration		Ballroom Foyer	
09.25 - 09.30	Welcome		Ballroom 1	
09.30 - 10.30	Keynote 1: Applying TFOS DEWS II in Clinical Practice - What's Changed?	Associate Professor Jennifer P Craig	Ballroom 1	1
10.30 - 11.30	Lecture with Discussion Workshop: Myriad of Macula Blots and Dots	Dr Mike Gavin	Ballroom 1	2
10.30 - 11.30	Lecture with Discussion Workshop: Supporting Patients with Dementia: Can We Do Better?	June Neil & Dr Barbara Sharp	Ballroom 2	2
11.30 - 12.00	Coffee & Exhibitors		Ballroom Foyer & Ballroom 3	
12.00 - 13.00	Discussion or Skills Workshops			
12.00 - 13.00	Deaf Awareness	David O'Rorke, Graham Dow & Dr Helen Court	Dee	3
12.00 - 13.00	Paediatric Dispensing	Fiona Anderson, Brenda Rennie & Graeme Stevenson	Tay	3
12.00 - 13.00	ABC of OCT	Dr Kerr Brogan & Madeline Harvey-Brown	Ballroom 1	3
12.00 - 13.00	EyeSi	Dr Robin Legge	Tweed	3
12.00 - 13.00	Simple Steps to Gain Confidence in Testing Kids	Colin Pettinger	Spey	3
12.00 - 13.00	Evidence in Practice	Pam Robertson, Rebecca Daly & Katie Edwards	Clyde	3
12.00 - 13.00	First Port of Call Eye Care: A Practical Workshop	Dr Deepa Anijeet & Dr Louise Madden	Ballroom 2	3
13.00 - 14.00	Lunch & Exhibitors		Ballroom Foyer & Ballroom 3	
14.00 - 15.00	Discussion or Skills Workshops - As per morning session			
15.00 - 15.30	Coffee & Exhibitors		Ballroom Foyer & Ballroom 3	
15.30 - 16.30	Keynote 2: Does My Patient Have a Brain Tumour?	Dr John Olson	Ballroom 1	3
16.30	Close and Thanks		Ballroom 1	

Dr Kathy Morrison - PAL Network Breakfast Peer Discussion



Dr Kathy Morrison is the Programme Director for NES Optometry, an experienced educator for 10+ years and a community IP optometrist.

Description: The peer discussion group will encourage reflective practice related to the diagnosis, investigation and management of patients presenting with a range of posterior eye conditions. Cases discuss the importance of good history and symptoms, differential diagnosis, investigation, management and appropriate referral for patients presenting with conditions including glaucoma and sudden-onset diplopia.

CET: 3 interactive points with the following competencies:



OCULAR EXAMINATION



BINOCULAR VISION



OCULAR DISEASE



KNOWLEDGE



SHARE DECISION MAKING



SELF & OTHERS

Keynote 1: Applying TFOS DEWS II in Clinical Practice - What's Changed? Associate Professor Jennifer P Craig



Therapeutic Optometrist, Jennifer P Craig is an Associate Professor in Ophthalmology at the University of Auckland in New Zealand, where she heads the Ocular Surface Laboratory, and is immediate past Chair of the Optometrists and Dispensing Opticians Board of New Zealand. Her main research interest is in dry eye and tear film dysfunction. She regularly delivers continuing education and research lectures internationally and publishes in both the scientific and clinical press. She is co-author of the book 'The Tear Film', has published several book chapters and more than 85 peer-reviewed publications. She has contributed to the TFOS International Workshops on Meibomian Land Dysfunction and Contact Lens Discomfort and has most recently served as Vice-Chair for the Tear Film and Ocular Surface Society's second Dry Eye Workshop (TFOS DEWS II) published in 2017.

Description: Dry eye disease (DED) is the most common condition presenting to primary eye care providers in everyday practice. In 2007, members of the Tear Film and Ocular Surface Society's (TFOS) International Dry Eye Workshop (DEWS) published a series of consensus papers describing the fundamental aspects of DED. Over the last decade, the ability to both diagnose and manage DED has progressed enormously, such that TFOS elected to bring together a group of over 150 of the world's experts on DED to publish an updated series of consensus papers (TFOS DEWS II). These were published in July 2017 with the aim of:

1. Updating the definition, classification and diagnosis of DED
2. Critically assessing the etiology, mechanism, distribution and impact of this disorder
3. Addressing its management and therapy

This presentation will review key aspects of the updated Definition and Classification, Diagnostic Methodology and Management and Therapy reports of TFOS DEWS II, relevant to clinical practice and describe the increasing range and applicability of management therapies that have been designed to alleviate dry eye symptoms arising from tear film and ocular surface deficiencies.

CET: 1 interactive points with the following competencies:



Dr Mike Gavin - Lecture with Discussion Workshop: Myriad of Macula Blots and Dots



Dr Michael Gavin, Medical Retina Consultant at NHS Greater Glasgow & Clyde who specialises in Macular degeneration and medical retina.

Description: Myriad of Macula Blots and Dots will delve into cases that make you whisper under your breath: “what on earth is that..?!”. Dr Mike Gavin, Consultant Ophthalmologist will highlight cases that can often be confused with wet age-related macula degeneration. Group discussion will allow for fundus feature identification and differential diagnosis, before lecture slides confirm the diagnosis with explanations of each condition given. Unusual cases to keep you on your toes!

CET: 2 interactive points with the following competencies:



June Neil & Dr Barbara Sharp - Lecture with Discussion Workshop: Supporting Patients with Dementia: Can We Do Better?



June Neil is Training and Development Manager (Older People Complex Needs) in the UK Adult Social Care Practice and Development Team at RNIB. June has been employed by RNIB for over 18 years supporting adults with complex needs and sight loss. Her current role focuses on developing and delivering training to health and social care professionals, carers and CET training for optometrist on sight loss and dementia, receiving two “highly commended” in Astbury awards for excellence in collaboration. In partnership with other organisations such as NHS and Alzheimer Scotland, she has created resources including e-learning to support people with sight loss and dementia. She is an active member of Vision UK Dementia and sight loss interest group



Dr Barbara Sharp is Policy and Practice Consultant with Alzheimer Scotland. She has a background in nursing and nurse education in the NHS, specialising in the care of older people, prior to joining Alzheimer Scotland in 1990. Within Alzheimer Scotland, Barbara has held posts in service delivery, management, research and development. Her current role involves working across the public policy and workforce development teams.

She works closely with the national network of Alzheimer Scotland Dementia Nurse Consultants and is a member of the National Dementia Champions teaching team in partnership with colleagues from the University of West of Scotland. Barbara completed her PhD in 2015 with a study on stress as experienced by people with dementia.

Description: This session will provide participants with an opportunity to reflect on their own practice to achieve optimal optometric outcomes when supporting patients with dementia, their families and carers. Using a case study and discursive approach participants will be guided to explore the diversity of living with sight loss and dementia and implications for their practice. The session will enhance understanding of some of the more common experiences of living with dementia and how participants may adapt their approach and practice environment to provide better support. Participants will be supported to consider positive changes to enhance practice.

CET: 2 interactive points with the following competencies:

 COMMUNICATION	 STANDARDS OF PRACTICE	 OCULAR DISEASE	 ASSESSMENT OF VISUAL FUNCTION	 COMMUNICATION	 STANDARDS OF PRACTICE
 OCULAR ABNORMALITIES	 COMMUNICATION	 STANDARDS OF PRACTICE			



Dr Helen Court graduated with 1st class honours from Cardiff University in 2001 and in 2007 gained her PHD. She is an experienced optometrist and has an active research and teaching portfolio. In 2010 she gained her postgraduate certificate in university teaching and learning. She currently works for NHS Education for Scotland as a Senior Postgraduate Tutor in optometry, and holds honorary lecturer and fellow posts at both Cardiff University and Edinburgh University respectively.

She has extensive experience of developing and delivering clinical teaching and has facilitated peer review/discussion and discussion workshops.

Description: As the population ages, practitioners will increasingly require the skills to communicate with people who are deaf or hard of hearing. This workshop will provide opportunity to discuss the communication difficulties faced by patients who are deaf or hard of hearing, and to learn appropriate ways to communicate more effectively.

CET: 3 interactive points with the following competencies:



COMMUNICATION



STANDARDS
OF PRACTICE



ASSESSMENT
OF VISUAL
FUNCTION



COMMUNICATION



STANDARDS
OF PRACTICE

Fiona Anderson, Brenda Rennie & Graeme Stevenson - Paediatric Dispensing



Fiona E Anderson BSc(Hons) FBDO R SMC(Tech) FEAO is the owner of an independent practice in Aberdeen and is an ABDO theory and practical examiner. She is an Optometry Scotland Executive Council member as well as the ABDO President. She is an experienced and dedicated practitioner, and has authored and facilitated many workshops for ABDO, NES, and EAEO, and lectured both in the UK and abroad on various optical-related topics.



Brenda Rennie FBDO is an experienced dispensing optician currently employed in independent practice. Brenda is ABDO Regional lead for Scotland, and an ABDO examiner. She has facilitated many discussion workshops and peer discussions for ABDO and NES.



Graeme Stevenson FBDO (Hons) CL is a contact lens optician and researcher for Boots Opticians. As well as his research work he is in CL practice working with dispensing opticians and IP optometrists. He has a wealth of experience as a CLO; mentoring and supervising students during their dispensing and contact lens training.

Description: Suitable for all eye care professionals, this workshop will discuss and consider many aspects of paediatric dispensing including correct frame, lens choice and fitting, duality of care and dispensing supervision.

CET: 3 interactive points with the following competencies:



Dr Kerr Brogan & Madeline Harvey-Brown - ABC of OCT











Dr Kerr Brogan graduated from Dundee University Medical School in 2011. He developed a keen interest for ophthalmology early on in his studies and went on to start his Ophthalmology training in West of Scotland in 2013. He currently works with the vitreo-retinal team in Gartnavel General Hospital and has gained thorough experience in interpreting optical coherence tomography throughout his training.



Madeline Harvey-Brown is a Senior Postgraduate Optometry Tutor for NHS Education for Scotland and has years of experience working in community based practice and registered as IP. She has recently received her Professional Certificate in Medical Retina from Cardiff University and as part of her optometry career has taught at both undergraduate and postgraduate level.

Description: The ability to competently interpret the results of an OCT image is of vital importance for any optometrist who engages in the management or co-management of ocular disease. This clinical discussion workshop will appeal to optometrists who feel the need to improve on their basic OCT interpretation skills. It will be based on cases of retinal disease and highlight how to interpret OCT images along with supporting case history to help identify and manage retinal abnormalities. Dispensing opticians are welcome to attend to gain a greater understanding of how optometrists use history and OCT to differentially diagnose macula disease.

CET: 3 interactive points with the following competencies:

 COMMUNICATION	 STANDARDS OF PRACTICE	 OCULAR EXAMINATION	 OCULAR DISEASE	 COMMUNICATION	 STANDARDS OF PRACTICE
 OCULAR EXAMINATION	 OCULAR ABNORMALITIES				

Dr Robin Legge - EyeSi



Dr Robin Legge is an experienced educator and has taught at both undergraduate and postgraduate level. He has been trained in use of the EyeSi and delivered multiple training sessions in the EyeSi.

Description: Do you wish to enhance your Binocular Indirect Ophthalmoscopy (BIO) Examination technique? Have you ever wondered how much of the retina you actually examined? Optometrists now have an opportunity to see exactly how much retina they have examined in a Binocular Indirect Examination with the only EyeSi Indirect Ophthalmoscope Simulator in the UK. The simulator provides a lifelike learning environment and allows practitioners to work through real retinal cases from history and symptoms.

CET: 3 interactive points with the following competencies:



STANDARDS
OF PRACTICE



OCULAR
EXAMINATION



OCULAR
DISEASE

Colin Pettinger - Simple Steps to Gain Confidence in Testing Kids



Colin Pettinger is an IP optometrist with a special interest in community paediatrics. He works in primary care practice in the Highlands of Scotland and is also a sessional optometrist in paediatrics at Raigmore Hospital, Inverness. He also works for the College of Optometrists as a member of the IP common final assessment writing and editing team. In 2017, he was among the first optometrists in the UK to receive the College of Optometrists new Professional Certificate in Paediatric Eye Care.

Description: This skills workshop will give you the opportunity to practice your cycloplegic retinoscopy on REAL patients. Experienced hospital optometrists will be on hand who will share all of their tips and tricks to help you overcome any “child-anxiety”.

You will also get hands-on with different visual acuity tests. Results will be collated which will feed into an interesting discussion on what works best and why it matters to you and your youngest patients. BYOR – Bring your own ret! (or use one of ours – we’ll have plenty).

CET: 3 interactive points with the following competencies:



COMMUNICATION



OCULAR
EXAMINATION



ASSESSMENT
OF VISUAL
FUNCTION



BINOCULAR
VISION

Pam Robertson, Rebecca Daly & Katie Edwards - Evidence in Practice



Pam Robertson is an IP Optometrist who works full-time in her own practice. She has also worked for NES and the University of Dundee as a Post Graduate Tutor for 4 years, and recently finished her MSc in Primary Care Ophthalmology at the University of Edinburgh. She has provided assistance to the GOC and other legal bodies previously by preparing expert reports in Fitness to Practice cases, and sits on the IP Reference Committee and the Independent Practice Committee for the College of Optometrists. She is also the chair of her Local Area Optical Committee.



Rebecca Daly is a NES Optometry Tutor, and IP optometrist and completed an MSc in Primary Care Ophthalmology with Edinburgh University in 2017. She has been a registered facilitator since 2014 and has an interest in medical education.

Katie Edwards is a Knowledge Manager working at NHS Education for Scotland. Her role includes providing training for the Knowledge Network to help staff get access to resources necessary for making informed, evidence based decisions about health.

Description: This workshop will look at the practical aspects of using evidence in practice. It will provide an introduction to finding reliable sources of information and critically analysing what you read with a view to informing your future practice.

CET: 3 interactive points with the following competencies:



Dr Deepa Anijeet & Dr Louise Madden - First Port of Call Eye Care: A Practical Workshop

Dr Deepa Anijeet is a Consultant Ophthalmologist in NHS Greater Glasgow & Clyde. Her speciality includes cornea and primary care.

Dr Louise Madden is an experienced IP Optometrist, NES Senior Postgraduate Optometry Tutor, facilitator and lecturer. She has a PhD and active research interests in the field of community optometry, and has taught extensively at both undergraduate and postgraduate level. She has a range of publications in peer reviewed and professional journals. She works as a community optometrist and has been part of a shared care eye care scheme since 2011.

Description: Since 2006, we have been the ‘first port of call’ for eye conditions in the community. More recently, the Community Eye Care Services Review recommended that the Scottish Government consider the optometry profession and the changing role of community optometry in the early detection of eye disease. It recommended that community optometry become the first port of call for unplanned and emergency eye care. This has helped to reduce the burden on GPs and Emergency Hospital Ophthalmology services. In response to the recent General Ophthalmic Services (Scotland) Amendment Regulations 2018, NHS Education for Scotland (NES) have developed a programme of education to support the First Port of Call (FPOC) eye care service across Scotland.

This discussion workshop, as part of this education programme, will involve the presentation of various clinical cases, each highlighting a particular aspect of first port of call eye care including; triage, clinical decision making, referral and working in teams. The workshop will be led by a Consultant Ophthalmologist and an IP Optometrist with experience of community shared care schemes.

CET: 3 interactive points with the following competencies:

					
COMMUNICATION	STANDARDS OF PRACTICE	CONTACT LENSES	OCULAR DISEASE	COMMUNICATION	STANDARDS OF PRACTICE
					
CONTACT LENSES	OCULAR ABNORMALITIES	COMMUNICATION	STANDARDS OF PRACTICE	CONTACT LENSES	

Keynote 2: Does My Patient Have a Brain Tumour?

Dr John Olson



Dr John Olson is a Consultant Ophthalmic Physician at Aberdeen Royal Infirmary and co-founder of NHS Grampian’s Eye Health Network. His clinical practice covers the gamut of ophthalmic medicine- neuro-ophthalmology, inflammatory eye disease, diabetic retinopathy and retinal screening.

Description: The Honey Rose case, has led to heightened concerns, probably mistakenly, around the diagnosis of papilloedema and, consequently, “missing” brain tumours. John will discuss the mechanisms of papilloedema and how it is an unusual and late sign for a brain tumour. He will give his thoughts on what “really happened” with the Honey Rose case, contrasting the reaction to her case with that of Baba Garwa. A highlight of the talk will be a series of interactive cases where the audience will vote in real-time, putting their clinical skills to the test. At the end of the talk you should be better prepared to answer the question “does my patient have a brain tumour” without having to rely on the presence or absence of papilloedema, a fickle sign, to guide you.

CET: 3 interactive points with the following competencies:

					
COMMUNICATION	STANDARDS OF PRACTICE	OCULAR DISEASE	COMMUNICATION	STANDARDS OF PRACTICE	OCULAR ABNORMALITIES