Keep Safe, Have Fun, Stay Out of Trouble.
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- Partnership project – ANS, SDF, CKUK & SG
- Funded by Innovation and Development Fund through Scottish Strategy for Autism
- Development of a phone app to support appropriate behaviours in relation to sexual health and relationships
- Developed through ongoing consultation with young people, families & practitioners
- Linked to National Outcomes 2 & 3 – Choice & Control and Independent Living
Why are we doing it?

- A number of people with autism have real gaps in their sexual knowledge.
- Autistic people can miss out on full exploration of the sexual potential in their lives.
- Autistic people can find themselves in very vulnerable sexual situations.
- People with autism can engage in sexual behaviours which are harmful to themselves and others.
- Over representation of people with autism in criminal justice system?
Challenges for young person

- Different developmental experiences – socialisation.
- Difficulty in understanding social cues that support appropriate behaviour.
- May not have access to tools that help develop understanding of self as a sexual person (peer chat, independent time - opportunities to experiment in safe space).
- Difficulty in processing the information about sexuality which most of us take for granted.
Who is it aimed at?

- Young people from age 15+ years
- Diagnosis of autism/social communication difficulties
- Able to use a smart phone and understand key themes
- Accessed sexual health education
What will the app do?

- Support YP to make appropriate decisions about their sexual health and relationships.
- Complements existing face-to-face teaching – not a replacement for.
- Helps YP to remember rules when acting independently.
- Help people to explore the potential of themselves as a sexual being.
- Decrease the number of YP with autism who fall into the criminal justice system.
How will we do it?

• Phase One: Road show/Consultation – *what do you want and need?*
  - young people
  - practitioners
  - parents

• Phase Two: Development of app with CKUK

• Phase Three: Road show/Consultation - *what do you think?* Training on app and sexual health
  - young people
  - practitioners
  - parents
How can I take part?

For more information about the project or to take part in the wider consultation please contact:

emma.hanley@strath.ac.uk